

DANCE *for* PD[®]

A Free Movement Class

for persons with Parkinson's and their families, friends and care partners

Sunday, July 27

9:30 – 10:30 a.m.

Jacob's Pillow

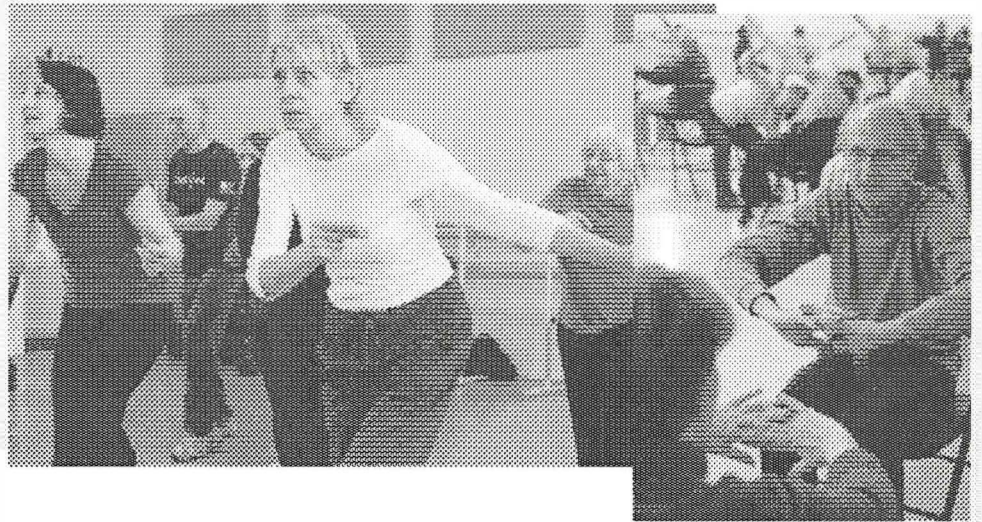
**358 George Carter Road
Becket, MA 01223**

Class is offered free of charge
and is led by a teaching artist
from the Mark Morris Dance Group.

taught by David

▶ Register online at

www.danceforpd.org/classes
or call 1-800-957-1046 ext. 5.



"If there is anything that sidelines you, exacerbates your sense of constriction and inhibition, it is Parkinson's. If there is anything that calls for expression, demonstration, drama, movement and liveliness, it is dance."

—Luanne W., Dance for PD[®] student since 2009

In Dance for PD[®] classes, participants explore movement and music in ways that are enjoyable, stimulating and creative. A collaboration between the Mark Morris Dance Group and the Brooklyn Parkinson Group, the program is built on one fundamental premise: professionally-trained dancers are movement experts whose knowledge is useful to persons with PD. This acclaimed program is appropriate for anyone with PD, no matter how advanced. No dance experience is required. You'll explore elements of modern dance, ballet, tap, folk and social dancing, and Mark Morris company repertory in a non-pressured, social environment in which live music energizes, enriches and empowers. Classes modeled after Dance for PD now occur in more than 100 communities in the US, Australia, Belgium, Canada, Germany, Holland, Italy, India, Israel, Mexico, and the UK. For more information about the program, please visit www.danceforpd.org.

Jacob's Pillow Dance Festival presents:
Mark Morris Dance Group in performance July 23-27
with a special 11 a.m. concert by the MMDG Music Ensemble after class on July 27
For information and tickets, please call the Jacob's Pillow Box Office: (413) 243-0745

JACOB'S
PILLOW
DANCE

MARK MORRIS DANCE GROUP

BPg
BROOKLYN PARKINSON GROUP