

# WHAT'S ON AT THE EDGE®

JULY - SEPTEMBER 2008



# WELCOME

WHAT'S ON AT THE EDGE®

Welcome to What's on at THE EDGE® – guide to events at THE EDGE® performing arts centre in Winter 2008.

This issue there are some exciting new features; Interviews with soprano Margaret Medlyn, comedian Lenny Henry, dancer Joe Bowie and Film Festival Director Bill Gosden, as well as introducing the Win With What's On competition page.

Winter 2008 sees an exciting line-up of events; from ice show Cinderella on Ice to concerts from Shihad and Opshop to a trio of international comedians (Chris Rock and Bill Bailey follow Lenny Henry), there's something for everyone across a range of genres.

For the latest show information see the "What's On This Month" section on, [www.the-edge.co.nz](http://www.the-edge.co.nz).

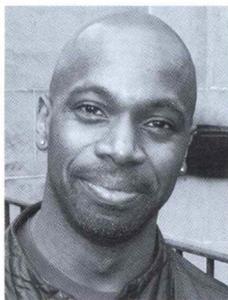
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For editorial or advertising enquiries contact Sarah Brown, Editor, [sarahb@the-edge.co.nz](mailto:sarahb@the-edge.co.nz)

# A DAY IN THE LIFE OF A NEW YORK DANCER

**JOE BOWIE, SOLOIST WITH MARK MORRIS DANCE COMPANY, SHARES HIS DAILY ROUTINE.**



It's not an easy life being a dancer on tour. Aside from the glitz and glamour and legions of adoring fans, there are the 20-hour days, jetlag and injuries that any dancer at the top of their

game has to deal with. Soloist Joe Bowie shares daily routine and secrets to keeping performance-ready.

## **HOW I BECAME A DANCER**

I wasn't supposed to be a dancer. I attended university to become a physician, when I took up dance as one of many interests. Dance was a beautiful gift to me. I chose it (or perhaps it chose me) without parental influence or prodding, and was able to pursue it on my own terms.

Of course, if I had started from an earlier age, I would be more flexible physically and certain technical things might come more easily. Still, I wouldn't have had it happen any other way. I'm a dancer with a degree in English and American Literature who loves tennis, poetry, and baking.

## **MY TYPICAL DAY IN NEW YORK**

My day begins with one of three walks for my adorable little Pomeranian Mona, followed by breakfast and warm up. I then head to the studio, which is only three blocks from where I live, to complete my warm up and to rehearse for about six hours. If I have energy and am

not too sore at the end of my rehearsal day, I go to a show, museum, hang out with friends, or have a date. My day always ends with Mona's last walk and maybe a bath.

## **KEEPING SHIP-SHAPE**

I try to stay in shape all of the time. Physically, I follow my normal regimen religiously. I've also been a vegetarian for the past twenty-five years. It started because I wanted to feel and be healthier, but I then realised and became more conscious of the moral implications of animal cruelty.

## **MY TYPICAL DAY ON TOUR**

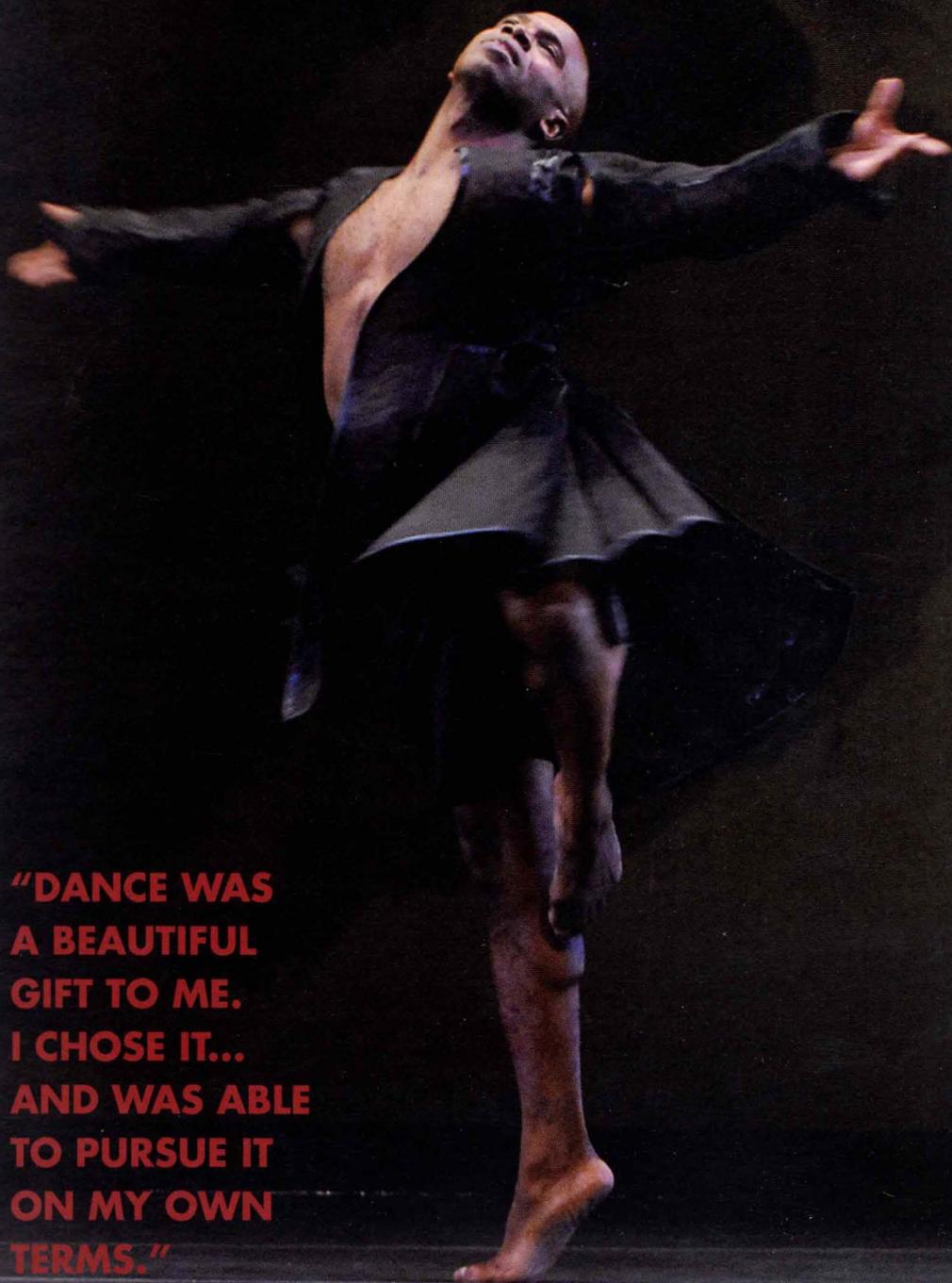
I begin a typical day on tour with meditation and a light, healthy breakfast of fruit. Generally, we have two rehearsals and training on a performance day. The training that I do on tour is similar to the training that I do everyday to prepare while I'm at home: yoga, pilates, sometimes the gym, and a ballet barre or class. I also eat well, rest, and take exquisite care of myself.

## **LAST-MINUTE RITUALS**

Just before I go on stage, I play with my coat (I have a fabulous coat for my solo in "Mozart Dances") and there is a series of turns that I always find myself practicing.

## **LOCAL ATTRACTIONS**

I make rest and recuperation more of a priority than sightseeing or local nightlife. But, if we have free days, I'm all for experiencing local color and all the wonders that a city has to offer; sights, food, and local fun. I'm looking forward to being in Auckland. New Zealand is an amazing place. We were in Wellington some years ago, and I had great time. I'm hoping to have a wonderful time again.



**"DANCE WAS  
A BEAUTIFUL  
GIFT TO ME.  
I CHOSE IT...  
AND WAS ABLE  
TO PURSUE IT  
ON MY OWN  
TERMS."**

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PAGE NUMBER	PERFORMANCE	GENRE	Dates	PAGE NUMBER
13	SEMI-PERMANENT 08	SPECIAL INTEREST	15 & 16 August	30
13	NIGHT OF THE CELTS	CONCERT	15 August	33
13	INDIA INDEPENDENCE DAY	CULTURE	17 August	32
14	YEFIM BRONFMAN	CLASSICAL	17 August	33
14	LOVE ON THE ROCKS	CONCERT	17 August	33
14	FENG NING & JOHN CHEN	CLASSICAL	18 August	33
15	DANIEL O'DONELL	CONCERT	20 August	34
16	NORTHERN LIGHTS	CLASSICAL	21 August	34
17	MARK MORRIS DANCE GROUP	DANCE	22- 29 August	35
17	RAIZE THA ROOF 2008	CONCERT	22 August	34
17	BEETHOVEN 1	CLASSICAL	24 August	34
17	ANNA LEESE (SOPRANO) AND TERENCE DENNIS (PIANO)	CLASSICAL	25 August	37
19	LAST NIGHT OF THE PROMS	CLASSICAL	30 August	37
18	NZSO NATIONAL YOUTH ORCHESTRA	CLASSICAL	30 August	37
18	BILL BAILEY - TINSELWORM	COMEDY	31 August & 1 September	36
18	KBB SHOWCASE GALA CONCERTS	CONCERT	1 & 2 September	38
21	THE 17TH ANNUAL WALLACE ART AWARDS	EXHIBITION	2 - 28 September	38
21	STAR SERENADE	CLASSICAL	4 September	39
21	A WORD IN HIS EAR	SPECIAL INTEREST	5 September	38
21	2008 MOON FESTIVAL AND CHINA 59TH NATIONAL DAY CELEBRATION CONCERT	CULTURE	7 September	40
20				
22	WHERE'S NEW NET	THEATRE	12 September - 4 October	41
22	TAMAS VESMAS (PIANO)	CLASSICAL	13 September	41
22	MISS INDIANZ	CULTURE	14 September	41
27	ART FOR MS	EXHIBITION	16 - 28 September	41
26	GRACE	THEATRE	15 - 20 September	42
28	CHRISTIAN LINDBERG	CLASSICAL	19 & 20 September	43
26	THE CIVIC OPEN DAYS	SPECIAL INTEREST	19 - 21 September	42
26	JENŪFA	OPERA	20 - 27 September	44
26	FLIP THE SCRIPT	THEATRE	26 September	45
30	CHEMISTRY	DJ/DANCE	27 September	45
30	TEMPO° 08	DANCE	28 September	45
31	THE MAN FROM OLYMPUS	CLASSICAL	28 September	45

DANCE

THE EDGE® International Arts Season  
presents

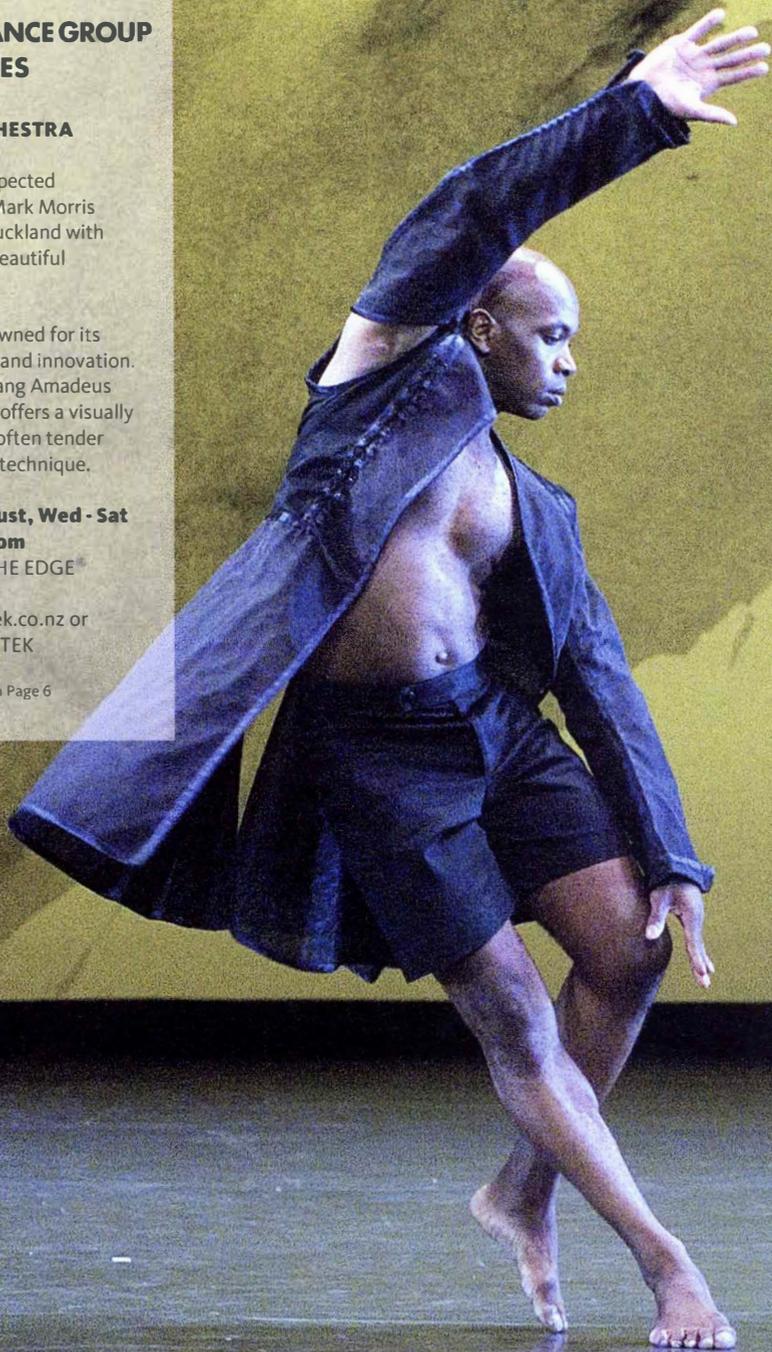
**MARK MORRIS DANCE GROUP  
– MOZART DANCES  
WITH THE AUCKLAND  
PHILHARMONIA ORCHESTRA**

Celebrated and highly respected modern dance company Mark Morris Dance Group debuts in Auckland with Mark Morris' stunningly beautiful "Mozart Dances".

Mark Morris' work is renowned for its musicality, craftsmanship and innovation. Set to the music of Wolfgang Amadeus Mozart, "Mozart Dances" offers a visually stimulating, elegant, and often tender display of movement and technique.

**DATE** 22 - 29 August, Wed - Sat  
8pm, Sun 7pm  
**VENUE** The Civic, THE EDGE®  
**PRICE** \$45 - \$89  
**BOOKINGS** [www.ticketek.co.nz](http://www.ticketek.co.nz) or  
0800 TICKETEK

See interview with Joe Bowie on Page 6



THE EDGE International Arts Season presents

**Mark Morris Dance Group**  
**MOZART DANCES**  
with the Auckland Philharmonia Orchestra

The contemporary  
dance event of 2008  
set to the exquisite  
music of Mozart.

*A masterpiece,  
a triumph...*

THE NEW YORK TIMES

**Fri 22 to  
Fri 29 August**

THE CIVIC, THE EDGE\*

Photo: MWDG / Stephanie Berger

THE EDGE International Arts Season and Askonas Holt present

**Europa Galante**

Music: *The Four Seasons*, Antonio Vivaldi  
Conductor: Fabio Biondi

Dazzling Italian ensemble  
Europa Galante are considered  
the foremost interpreters of  
baroque and classical music.

*Europa Galante  
are acknowledged  
as the world's best.*

GRAMOPHON



**Sat 25 October  
7.30pm**

GREAT HALL, AUCKLAND TOWN HALL  
THE EDGE\*

Book at **TICKETEK** COM or **0800 TICKETEK**

\*Service Fees will apply